

# **ANN ARBOR PREMIER FUTSAL ACADEMY**

## **JANUARY-FEBRUARY 2019 SESSION**

**FUTSAL TRAINING IS THE BEST WAY TO IMPROVE INDIVIDUAL SKILLS**  
**AAPFA IS AN ESTABLISHED PART OF MPSA TRAINING SYSTEM**  
**EACH SESSION WILL CONSIST OF 5 PRACTICES**

### **EACH PRACTICE WILL INCLUDE**

- BALL-MASTERY INSTRUCTION (20 TO 25 MINUTES)
- SMALL-SIDED SCRIMMAGE (30 TO 35 MINUTES)

### **JANUARY-FEBRUARY 2018 SCHEDULE**

- 1-2 PM                      FSP + MSP
- 2-3 PM                      FSP + MSP
- 3-4 PM                      2011 THROUGH 2007
- 4-5 PM                      2011 THROUGH 2007
- 5-6 PM                      2007 THROUGH 2000
- 6-7 PM                      2007 THROUGH 2000

**all practices will be held at st paul gymnasium on sundays**

- **January 20,27**
- **February 3,10,17**

### **TO ENROLL PLEASE**

- drop off a check for \$95 at CRUSH TABLE
- make your check payable to MPSA
- include PLAYER NAME in memo line
- include PLAYER BIRTH YEAR in memo line
- include PLAYER GENDER in memo line (G or B)

**DEADLINE TO ENROLL IS DECEMBER 12**  
**SPACE IS LIMITED**

**CRUSH TABLE WILL BE OPEN**

- **TUE WED / DEC 4+5+11+12 6:30-9:00 EMU DOME**