

ANN ARBOR PREMIER FUTSAL ACADEMY

NOVEMBER-DECEMBER 2018 SESSION

FUTSAL TRAINING IS THE BEST WAY TO IMPROVE INDIVIDUAL SKILLS
AAPFA IS AN ESTABLISHED PART OF MPSA TRAINING SYSTEM
EACH SESSION WILL CONSIST OF 5 PRACTICES

EACH PRACTICE WILL INCLUDE

- BALL-MASTERY INSTRUCTION (20 TO 25 MINUTES)
- SMALL-SIDED SCRIMMAGE (30 TO 35 MINUTES)

NOVEMBER-DECEMBER 2018 SCHEDULE

- 1-2 PM FSP + MSP
- 2-3 PM FSP + MSP
- 3-4 PM 2011 THROUGH 2007
- 4-5 PM 2011 THROUGH 2007
- 5-6 PM 2007 THROUGH 2000
- 6-7 PM 2007 THROUGH 2000

all practices will be held at st paul gymnasium on sundays
tentative schedule / november 11 18 december 02 09 16

TO ENROLL PLEASE

- drop off a check for \$95 at CRUSH TABLE
- make your check payable to MPSA
- include PLAYER NAME in memo line
- include PLAYER BIRTH YEAR in memo line
- include PLAYER GENDER in memo line (G or B)

DEADLINE TO ENROLL IS OCTOBER 30
SPACE IS LIMITED

CRUSH TABLE WILL BE OPEN

- TUE WED / OCT 16 + 17 / 545-700 PM / ST PAUL
- MON + TUE + WED + THU / OCT 22 + 23 + 24 + 25 / 5-7 PM / ST PAUL
- MON + TUE / OCT 29 + 30 / 630-930 PM / EMU DOME